

January

2022

Shelton Public - Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 NO SCHOOL TEACHER IN-SERVICE	4 NO SCHOOL TEACHER WORK DAY	5 Corndogs Tri tater Pears Veggie cups	6 Ham dandy Peas WG dinner roll Peaches	7 Super nachos Refried beans Pineapple WG cookie	8
9	10 Chicken patty w/wg bun Baked beans WG chips Fruit	11 Soft shell taco Refried beans Spanish rice Fruit	12 Texas spaghetti Tossed salad French bread Fruit	13 Chicken & noodles Mashed potatoes Corn Fruit	14 Chili or chicken noodle WG roll veggie cup Cheese stick Fruit	15
16	17 Pulled pork sandwich Baked beans WG chips Fruit	18 Lasagna Tossed salad French bread Fruit	19 Calzone Tossed salad Veggie cups Fruit	20 Hamburger w/wg bun French fries Green beans fruit	21 Grilled cheese sandwich Tomato soup Potato salad Fruit	22
23	24 BBQ rib sandwich French fries Pears	25 Walking taco Refried beans Pineapple	26 Chicken Tetrazini WG dinner roll Mixed vegetables Fruit	27 Fish sticks w/wg roll Macaroni & cheese Peas Fruit	28 Chicken gravy on WG biscuits Fruit Green beans	29
30	31 Mandarin chicken Mandarin oranges Steamed rice Veggies	We are an equal opportunity provider.	All meals are served with low fat or skim milk.	All meals have entrée options for all ages.		